



SYRATHON 2025



As 2025 comes to a very wintry close, we are thrilled to take a moment to look back on another successful and fun Syrathon Series! From a similarly wintry start at the Tipperary Hill Shamrock Run in March, all the way through a picture perfect Autumn morning at Eastwood's 5-Mile Run in October and our concluding Medal celebration in November, the Syrathon Series again challenged you to maintain a full year of healthful physical activity though running. More than 100 of you crushed the Syrathon goal of accumulating at least 26.2 miles, and your efforts

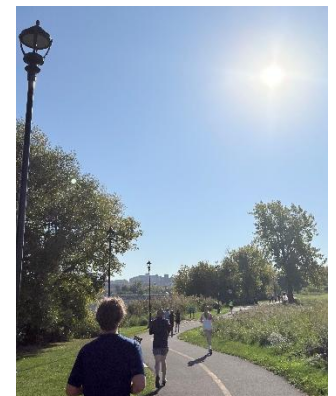


inspired us! Syrathon may have served as an introduction into road running as a personal fitness routine, or it may have provided a new and unique challenge for seasoned runners. Whatever the motivation, each of you should be proud of your accomplishments! We at the Syracuse Parks Conservancy and Parks Department are grateful to you for your participation and involvement. We hope that you have enjoyed your time running with us this year, perhaps met a new running buddy, snapped a few cool photos, and possibly discovered a new park or two! And, as the calendar turns to 2026, we invite you to join the Syrathon series again!

Below is the final Syrathon Mileage Chart for 2025, capturing all miles logged through the Eastwood Parks Run, based on the official finisher list. If you notice that mileage is missing or has been recorded incorrectly, be sure to send us a note. We have been distributing medals and shirts from the Parks Office since our Syrathon Celebration in November. If you have yet to claim your shirt (all 2025 registrants) or medal (Syrathon finishers) You may send an e-mail to twallace@syr.gov and arrange for a pick up.



Also, if you were one of the lucky Race-Day Raffle Winners, and have yet to claim your prize, you can also stop by the Parks office, or send Trevor an e-mail.



Up Next: REGISTER for Syration 2026! Registration Opens on January 1st and will be open though June!

Once Again, The Syracuse Parks Conservancy wishes to thank Syrationers for their generosity and support throughout the 2025 series. Not only do you support the Conservancy and its mission by registering for the Series and spreading the word about our parks, but also through additional contributions via Runsignup. And, by registering for so many great city races, you are supporting several of our wonderful neighborhood associations and other charitable causes. Thank you! And Happy New Year!

Final 2025 Syration Mileage Chart

First Name	Last Name	T.H.	SU4K	MG	PBR	VNR	Stra	IH	EWD	Fun	Total
Brian	Abbott	4	3.1		3.1		4	3.1		9	26.3
Sean	Abbott	4	3.1	10				3.1		6	26.2
Jennifer	Abulencia									0	0
Rebecca	Addison	4	3.1	10	3.1	4.4			5	0	29.6
Jim	Amell	4	3.1	10			4	3.1		0	24.2
Alberto	Avila	4		10			4	3.1	5	3	29.1
Rebecca	Backer	4		10						9	23
Michael	Bates		3.1		3.1					3	9.2
Shannon	Bell	4		5		4.4		3.1		0	16.5
Samuel	Benedict	4	3.1	10						0	17.1
Collin	Bennett	4	3.1	10	3.1	4.4		3.1		0	27.7
Robert	Bennett	4	3.1	10	3.1					6	26.2
Cameron	Bennett	4								0	4
Chris	Bianchi	4		10					5	9	28
Melissa	Birkett Greene		3.1							3	6.1
Brandon	Boncella	4	3.1	10	3.1		4	3.1		0	27.3
Robyn	Bond	4	3.1		3.1	4.4	4	3.1	5	0	26.7
Amanda	Boyle	4	3.1	10	3.1	4.4	4	3.1	5	0	36.7
Karlie	Brandofino	4	3.1	5	3.1	4.4	4	3.1	5	6	37.7
Andrew	Brazill	4	3.1	10	3.1			3.1	5	0	28.3
Michelle	Breidenbach	4		10	3.1	4.4			5	0	26.5
Alec	Brennan	4	3.1	10	3.1	4.4		3.1		3	30.7
Matthew	Brubaker	4	3.1	10	3.1		4		5	0	29.2
Heather	Brubaker	4	3.1	10	3.1		4		5	0	29.2
Adelaide	Buerkle	4								0	4
Debbie	Burke	4		5						0	9
Rebecca	Carroll	4	3.1	10	3.1	4.4	4	3.1		0	31.7
Shirley	Chen-Robinson	4		10	3.1	4.4			5	0	26.5
Michael	Close	4	3.1	10	3.1	4.4			5	0	29.6

David	Coakley	4	3.1		3.1	4.4				3	17.6
Charles	Crary	4		5						0	9
David	Crider	4			3.1	4.4	4			6	21.5
Cheryl	Cronin	4	3.1		3.1	4.4				0	14.6
Ashley	Crumb	4	3.1	10	3.1	4.4	4	3.1	5	6	42.7
Katie	Curinga	4		10					5	0	19
Julie	Delles	4	3.1	10	3.1	4.4		3.1		0	27.7
John	DeMott	4	3.1	5	3.1		4	3.1		6	28.3
Madison	Dickter	4			3.1	4.4	4			0	15.5
Ann	Dievendorf	4	3.1		3.1					0	10.2
Michael	Dougherty, Jr.			10				3.1		0	13.1
Scott	Dowdall	4								0	4
Colleen	Drum		3.1	10						0	13.1
Brett	Dumais	4		10			4	3.1		6	27.1
Danielle	Edwards	4	3.1	5	3.1	4.4	4	3.1	5	0	31.7
Alison	Ellsworth	4	3.1	10	3.1	4.4	4			0	28.6
Maria	Erdman	4	3.1	5	3.1	4.4	4	3.1	5	0	31.7
Erin	Ewain-Cruikshank	4	3.1	5			4	3.1	5	6	30.2
Pearl	Fischer	4	3.1	10	3.1	4.4	4	3.1	5	3	39.7
Alex	Fisher			10						0	10
Caila	Fisher									0	0
Cara	Forbes	4		10	3.1		4	3.1		6	30.2
Derek	Franc	4		10	3.1		4		5	1	27.1
Elisa	Gamage	4		10					5	9	28
Winston	Gedicks	4		10	3.1			3.1		3	23.2
Colleen	Gibbons	4			3.1		4			3	14.1
Christine	Hanley	4		10		4.4	4	3.1		0	25.5
Megan	Hannahan	4								0	4
Isaac	Harris	4								0	4
Victoria	Hayes	4	3.1	5	3.1	4.4	4	3.1	5	0	31.7
Brian	Height	4	3.1	10	3.1	4.4	4	3.1	5	0	36.7
Austin	Heil	4	3.1	10	3.1	4.4				6	30.6
Maureen	Hohl									0	0
Crystal	Iannuzzi	4	3.1	10	3.1	4.4		3.1		0	27.7
Michael	Jacob	4		10		4.4				6	24.4
Jonathan	Jeff	4		10				3.1		6	23.1
Reem	Jishi	4	3.1	10	3.1		4			6	30.2
Lynn	Jones	4		10						0	14
Jennifer	Jones	4								0	4
Jeffrey	Jones	4								0	4
Caroline	Jordan	4	3.1	10	3.1			3.1	5	0	28.3

Lindsay	Justian									0	0
Bill	Karl	4	3.1	5	3.1	4.4	4	3.1	5	9	40.7
Anna	Kelley							3.1	5	0	8.1
Marcia	Kelley									0	0
Carolyn	Kelly	4								0	4
Joshua	Kemp			10						0	10
David	Kent	4	3.1	10	3.1	4.4	4	3.1	5	0	36.7
Meghan	Kiehn	4	3.1	10		4.4		3.1		3	27.6
Alex	Klymkow	4	3.1	10	3.1	4.4	4	3.1	5	0	36.7
Katerina	Kraft	4								0	4
Miranda	Kraft	4								0	4
Nancy	Krupka	4	3.1							0	7.1
Paul	Kulpa	4	3.1	5	3.1	4.4	4		5	0	28.6
Rebecca	Lazarek		3.1	10			4	3.1	5	0	25.2
Stephanie	Lilly		3.1	10	3.1		4	3.1	5	0	28.3
Erik	Lilly									0	0
Zack	Linderman	4	3.1	10						0	17.1
Greg	Loh	4		10	3.1		4	3.1		3	27.2
Evan	Longo	4	3.1		3.1	4.4	4	3.1	5	3	29.7
Maria	Lore	4		10						0	14
Elaina	Mann	4	3.1	5	3.1	4.4		3.1	5	0	27.7
Susan	Marcus	4		10		4.4				0	18.4
Kellie	Martin	4	3.1	10			4		5	0	26.1
Krystal	Mastro	4	3.1	5	3.1	4.4		3.1		6	28.7
James	Maxwell	4	3.1	10	3.1		4			3	27.2
Matt	McArdle	4	3.1	10	3.1	4.4	4	3.1		0	31.7
Lisa	McCarthy	4		10		4.4				9	27.4
Scott	McGraw	4		10	3.1		4	3.1	5	0	29.2
Tim	McIntyre	4		10	3.1	4.4	4		5	0	30.5
Fanny	Melnikow									0	0
Melissa	Menon	4	3.1		3.1	4.4	4	3.1	5	0	26.7
Mike	Messersmith	4		10						0	14
Noelle	Meyer	4	3.1							0	7.1
Gayle	Milham	4			3.1	4.4	4		5	9	29.5
Stephanie	Minarik	4	3.1	5		4.4		3.1	5	3	27.6
Joel	Morey Jr	4		10						0	14
Jennifer	Morgan	4	3.1	5	3.1		4	3.1	5	6	33.3
Jon	Moss	4		10	3.1	4.4	4		5	0	30.5
Nick	Mozzetti	4		10	3.1	4.4	4	3.1	5	3	36.6
Christiane	Murphy	4	3.1	10	3.1	4.4			5	0	29.6
Matthew	Muttillo	4		10		4.4		3.1	5	0	26.5

Nicholas	Napoli	4	3.1		3.1	4.4	4	3.1		6	27.7
Erin	Napoli	4	3.1		3.1	4.4	4	3.1		6	27.7
Anders	Nelson	4				4.4	4	3.1	5	6	26.5
Elene	Nemergut									0	0
Jay	Nixon	4	3.1	10		4.4		3.1		3	27.6
Matthew	Noeller	4	3.1	10	3.1	4.4	4		5	9	42.6
Raymond	Partolan									0	0
Leah	Patterson	4		10					5	0	19
Jessica	Pearce	4		10						0	14
Amanda	Piper	4	3.1	10	3.1	4.4	4		5	0	33.6
Chris	Pirozzi	4	3.1	5	3.1	4.4		3.1	5	6	33.7
Sarah	Pirrello	4			3.1					6	13.1
Jason	Pistilli	4	3.1	10		4.4			5	0	26.5
Jeffrey	Pritchard	4	3.1	10	3.1	4.4	4	3.1	5	0	36.7
Jim	Quinn	4								0	4
Danielle	Rafte				3.1	4.4	4	3.1	5	9	28.6
Holly	Redman	4	3.1	10					5	3	25.1
Christy	Rivenburg	4								0	4
Jayson	Rivera	4	3.1						5	6	18.1
Ben	Robinson	4	3.1	10		4.4			5	3	29.5
Nicole	Roche	4		10	3.1					3	20.1
John	Rodriguez	4	3.1	10	3.1	4.4	4	3.1	5	0	36.7
Mairin	Rogers	4								0	4
Sarah	Rohe	4								0	4
Bridget	Rooney	4								0	4
Tashina	Rose	4			3.1	4.4	4	3.1	5	3	26.6
Samantha	Ryan		3.1	10				3.1		0	16.2
Eliza	Samchisen	4	3.1	10			4		5	0	26.1
Brad	Sauve									0	0
Eric	Saxton	4		10		4.4		3.1		6	27.5
Kim	Schulz		3.1							0	3.1
Kyle	Seaway	4	3.1	5	3.1					0	15.2
Karen	Shaup	4								0	4
Melody	Shaw	4	3.1	10	3.1	4.4	4	3.1		0	31.7
John	Sherbondy	4	3.1		3.1	4.4		3.1	5	0	22.7
Victoria	Silliman	4		10		4.4	4	3.1	5	6	36.5
Amanda	Skilinskis	4								0	4
Emory	Smith									0	0
Krysta	Sobierajski	4	3.1	5	3.1	4.4	4	3.1	5	0	31.7
Zoe	Souliotis-Foley							3.1		0	3.1
Ellen	Spencer	4	3.1	10	3.1	4.4	4	3.1		0	31.7

Ken	Stack	4	3.1	10	3.1	4.4	4	3.1	5	3	39.7
Stephen	Stehman	4		10	3.1	4.4	4			3	28.5
Lisa	Susko	4		10	3.1	4.4				6	27.5
Christopher	Sutton			10	3.1		4	3.1		0	20.2
John	Teixeira			10		4.4			5	9	28.4
Brittany	Temple	4	3.1	10	3.1	4.4				3	27.6
Jon	Terpstra									0	0
Rachel	Toomey	4	3.1		3.1	4.4	4	3.1	5	3	29.7
Alexander	Travis	4	3.1	10		4.4			5	0	26.5
Erin	Tripp		3.1	5	3.1	4.4	4	3.1	5	0	27.7
Josephine	Vanry	4	3.1	10		4.4			5	0	26.5
Lorie Ann	Voight	4		10		4.4				6	24.4
Adam	Walborn	4								0	4
Katherine	Walch	4	3.1	5	3.1	4.4				9	28.6
Ian	Walsh	4	3.1	10		4.4	4	3.1		0	28.6
Kristy	Ward	4	3.1	5	3.1	4.4	4		5	0	28.6
Barb	Wells	4		10		4.4		3.1		6	27.5
Brian	Wiedeman	4	3.1	10	3.1		4	3.1		0	27.3
Carol	Wilkie	4		5	3.1					0	12.1
Aaron	Wright	4		5	3.1	4.4	4	3.1	5	0	28.6
Sarah	Zaremba	4	3.1	10	3.1	4.4	4	3.1		0	31.7
Nathaniel	Zera	4	3.1	10	3.1	4.4		3.1		6	33.7